The gender diversity-performance linkage at the board of directors and the workforce levels: Testing Two Competing Curvilinear Models in the Spanish educational sector

Abstract

Purpose: The use of linear models has major limitations for accurately representing the true link between gender diversity and organizational performance. This study explores two curvilinear models and tests which one —the U-shape or the inverted U-shape—best represents the gender diversity-performance link at two hierarchical levels: the board of directors and the workforce.

Design/methodology/approach: Both models are tested using data collected from a representative sample of Spanish educational organizations, which are dominated numerically by women, although women are still slightly under-represented in managerial positions.

Findings: The results show the existence of an inverted U-shape and, therefore, the existence of a potential 'optimal' level of gender diversity for both the board of directors and the workforce. While the highest performance by the board of directors is attained when the proportion of women and men is balanced in the workforce the highest level of performance is attained when the proportion of women is greater.

Originality: There are hardly any studies simultaneously exploring the gender diversityperformance linkage at two hierarchical levels where the proportion of women/men is substantially different: the board of directors and the workforce. Thus, our study contributes to better know whether such relationship is dependent on the hierarchical position. It is important to know this because each level is related to different functions and tasks and shape a social status that can significantly influence performance.

Keywords:

Gender diversity, female representation, workforce, boards, performance, educational organizations.

Introduction

The last few years have witnessed the emergence of a large body of research focusing on exploring how the shape of the relationship between gender diversity and organizational performance (mainly in executive positions) is. This interest seems logical when one considers that the percentage of women in the global labor force has increased sharply, currently reaching figures close to 50% in many countries. Women also occupy more managerial positions, but their overall representation still remains low (Deloitte, 2019; The World Bank, 2021).

Even considering that the extant research uses different methodologies, its main findings can be summarized as follows: on the one hand, many studies argue that the presence of more women benefits organizations, reporting a positive linear correlation/relationship/effect in several performance measures (e.g., An & Lee, 2022; Moreno-Gómez, Lafuente, & Vaillant, 2018; Provasi & Harasheh, 2021). These studies assume that performance increases in step with the number of women. In contrast, other studies argue that the presence of more women might compromise organizations, reporting a negative linear correlation/relationship/effect (e.g., He & Huang 2011; Darmadi, 2013; Chen *et al.*, 2021). This implies that performance decreases as the number of women increases. Finally, other studies report that gender diversity is unrelated to organizational outcomes (for a review, see Abbey & Adu-Danso, 2022; Ali, Ng, & Kulik 2014 or Post & Byron 2015).

In an attempt to reconcile disparate findings, several researchers argue that neither positive nor negative monotonic linear models are suitable for representing the shape of the gender diversity-performance link (e.g., Abbey & Adu-Danso, 2022; Ali, Kulik, & Metz 2011; Ali et *al.*, 2014; Frink *et al.*, 2003; Luis-Carnicer et al., 2008). They suggest that this link might be more accurately depicted by curvilinear models. In line with Luis-Carnicer et al. (2008), we posit that there are two types of curvilinear relationships. On the one hand, there is an inverted U-shape, which is based on the assumption that performance increases in step with the

proportion of women until an optimal threshold of gender diversity is reached, after which performance decreases as more women join the group. On the other hand, there is a U-shaped form, which is based on the notion that performance decreases as the proportion of women increases until a certain threshold of gender diversity is reached, beyond which performance increases as more women join the group.

This study aims to shed light on which curvilinear model can be considered a better representation of the gender diversity-performance link. The point of departure is that past studies using linear models have major limitations for properly representing this link, whereby their findings should be interpreted with caution. So, this study may also allow us to discover *a posteriori* the existence of a potential 'optimal' (or, alternatively, 'worse') proportion of women to men in terms of performance, even though we are fully aware that such proportion can vary in different contexts and/or samples of the study. In any case, linear models clearly do not permit us to assess this issue. Moreover, this study addresses the gender diversity-performance link at two different positions in the organizational hierarchy: board of directors and workforce. The research setting consists of educational organizations, which have been traditionally depicted as a 'feminized environment', as women account for the majority of the workforce (OECD, 2022).

This study contributes to the extant literature on gender diversity in several ways. First, we test different competing predictions or hypotheses regarding the curvilinear shape of the gender diversity-performance link. These hypotheses build on arguments from contrasting theoretical perspectives that have explored this link in the last years. Thus, this study is an attempt to test which theoretical arguments are more valid when explaining such an association. The use of competing hypotheses is justified when prior knowledge about a particular topic *a priori* leads to several alternative reasonable explanations (Ali *et al.*, 2014). Accordingly, this study can

guide us toward a better understanding of how the gender diversity-performance link really is, and thus help to explain the inconsistent findings of past research.

Second, there are still few studies focused on identifying *a posteriori* an 'optimal' ratio of women over men in terms of performance. Some outstanding exceptions are the studies by Frink et al. (2003), Ali et al. (2011), Joecks, Pull, and Vetter (2013), Ali et al. (2014) or, more recently, Abbey and Adu-Danso (2022). But, most these past studies seek to separately identify the existence of a possible optimal rate of gender diversity either in the workforce or on boards of directors in different types of organizations. In contrast, we explore the existence *a posteriori* of a possible optimal (or worse) ratio in both the workforce and boards in order to know whether such ratio and, hence, the specific form of the gender diversity-performance link is dependent on the specific position that women occupy in the hierarchy. It is important to know this because each hierarchical position accomplishes different functions and tasks within an organization and shape a social status that can significantly influence performance (Choi, Sung, & Zhang, 2017).

Finally, the education sector in general, and secondary schools in particular, is an alluring research setting for several reasons: On the one hand, this type of organizations is dominated numerically by women in the workforce, although they are still slightly under-represented in top managerial positions —both as leaders and on the board of directors (OECD, 2022). On the other hand, most past research has been conducted on samples of manufacturing firms or firms of service sectors that, in general, are considered masculinized environments. Thus, this study adds and complements past research by examining whether our results are similar to those conducted on other contexts. Additionally, the education sector has a major socio-economic impact, as it represents a significant part of a country's public spending. For example, in 2020, the total budget on education in EU (Spain, where the study is conducted) amounted to 5.0% (4.6%) of GDP; 'secondary education' accounted for 1.9% (1.8%) of GDP) (Eurostat, 2022).

Conceptualizing Gender Diversity

Figure 1 illustrates the linear models by which the gender diversity-performance link is typically addressed by most existing research (see Models 1a and 1b), as well as the competing, curvilinear models posited in this paper (see Models 2a and 2b). Linear models assume that performance continues to increase/decrease as a particular gender proportion increases, and therefore do not allow identifying an 'optimal' gender diversity level. In contrast, Kanter (1977) classifies gender diversity in groups based on the range of different proportions of women and men into four main categories: uniform groups (UG) with 0/100 proportions, skewed groups (SG) with 5/95-15/85 gender proportions, tilted groups (TG) with 20/80-35-65 gender proportions, and balanced groups (BG) with 40/60-50/50 gender proportions. According to this classification, different levels of gender diversity should have different effects on performance. A fully gender diverse workplace (in our case, workforce and board of directors) should have an approximately 50/50 proportion of men and women. An increase (decrease) in the proportion of women (men) beyond (below) 50 per cent means the workforce and board of directors become less diverse (i.e. more homogeneous).

Insert Figure 1 here

The inverted U-shaped link between gender diversity and performance

An inverted U-shaped relationship (see *Model 2a*) can be derived from arguments and evidence related to the following theoretical perspectives: the resource-based view of the firm, the upper echelons theory, the value-in-diversity approach, and the information/decision-making perspective (see Figure 1).

Proponents of the resource-based view suggest that an organization can improve its performance by exploiting its rare, valuable, irreplaceable, and inimitable resources (Barney 1991). The potential to obtain a sustainable competitive advantage, and, hence a better

performance, depends on certain internal resources, and in particular the organization's human resources. These are the internal resources that are among the more sustainable and difficult to imitate for competitors. While optimizing these resources is cited as the most important strategy for increasing competitiveness, effectively using and managing human resources becomes a crucial factor for improving performance. Women are the human resources most cited as underutilized in most organizations (Harel, Tzafrir, & Baruch 2003). Therefore, greater gender diversity in an organization's workforce and senior management is considered a source of intangible and socially complex resources that may improve the organization's performance (Ali et al., 2011; Luis-Carnicer et al., 2008). This is because a greater level of gender diversity is expected to introduce an organization to multiple and distinct skills, abilities, competences, knowledge, opinions, and backgrounds (Egan, 2005).

The upper echelons theory also provides a theoretical foundation for linking gender diversity, especially at board or senior management level, and performance. According to this approach, senior managers significantly differ in their cognitive frames, and these cognitive frames, in turn, influence performance (Hambrick, 2007). Because senior managers' cognitive frames are difficult to measure, most studies using this approach have relied on observable characteristics, such as gender, as an appropriate proxy (Dezsö & Ross 2012; Krishnan & Park 2005). This theory posits that female directors are likely to bring different cognitive frames to a board due to differences in knowledge, experiences, and values compared to their male counterparts. For example, female directors may bring different knowledge and experiences to the board by virtue of their different paths to directorships; they are less likely to have previously held similar leadership positions (e.g., Post & Byron, 2015; Singh, Terjesen, & Vinnicombe 2008) and they also need to demonstrate more competencies than men to reach such positions (Eagly & Carli, 2003).

Female directors are also likely to hold higher educational qualifications than their male counterparts (e.g., Carter *et al.*, 2010; Singh *et al.*, 2008), and are often significantly younger (e.g., Peterson & Philpot, 2007). Differences in values between male and female directors can also influence decision-making processes on the board. Post and Byron (2015: 1548) contend that greater gender diversity (as a result of an increased representation of women on the board) "may influence not only *what* information is brought to bear in decision-making, but also *how* decisions are made". Ultimately, because female directors help to diversify decision-making and the viewpoints available to a board, they may play a major role in improving the ability to generate better outcomes from the resources available to the organization.

The value-in-diversity and information/decision-making perspectives also consider that variation in demographic composition (for instance, in terms of gender) can have a positive influence on work group processes and effectiveness at any organizational level (Ancona & Caldwell 1992; Frink et al., 2003). Both approaches posit that diverse or more heterogeneous groups should outperform less diverse or more homogeneous groups. The logic behind this assumption (which is consistent with the resource-based view) is that groups characterized by greater diversity are more likely to "possess a broader range of task-relevant knowledge, skills, and abilities that are distinct and non-redundant and to have different opinions and perspectives on the task at hand" (van Knippenberg, De Dreu, & Homan 2004: 1009). In this regard, exposure to divergent viewpoints and, thus, a more diverse pool of resources may be conducive to more creative and innovative ideas and problem-solving solutions (Ancona & Caldwell 1992; De Dreu & West, 2001). Corroborating these ideas, there are studies reporting a positive relationship between gender diversity and organizational innovation (e.g., Østergaard, Timmermans, & Kristinsson, 2011). Likewise, other research suggests that the presence of more female members diversifies boardroom perspectives, helps to better represent shareholders, and fosters more active and stimulating discussions, particularly when setting an organization's strategic heading (e.g., Letendre, 2004). Studies also find that a greater number of women on boards is related to more ethical decision-making and more organizational transparency (e.g., Liao, Luo, & Tang, 2015; Upadhyay & Zeng, 2014).

With regard to research testing curvilinear relationships, Frink et al. (2003) have studied 291 US organizations, finding an inverted U-shaped form between gender diversity and performance, demonstrating that performance is maximized when women comprise around half of an organization's workforce. Ali et al. (2011), using a sample of Australian manufacturing and service organizations, Richard et al. (2004) and Owen and Temesvary (2018) on samples of US bank holding companies, and Abbey and Adu-Danso (2022), using a sample of manufacturing firms from several Sub-Saharan African countries, report similar results. Therefore, we propose:

Hypothesis 1a: There will be an inverted U-shaped relationship between the level of gender diversity (in the workforce and on the board of directors) and organizational performance.

The U-shaped link between gender diversity and performance

In marked contrast, a U-shaped relationship between gender diversity and performance (see *Model 2b*) can be derived from arguments and evidence linked to different theories of social psychology. These include the social identity and self-categorization theories, the similarity-attraction paradigm, and the group threat or group competition theory (see Figure 1).

Research guided by social identity and related self-categorization theories suggests that a greater level of gender diversity should be associated with negative performance (Pelled, Eisenhardt, & Xin 1999; Richard *et al.*, 2004; Tsui, Egan, & O'Reilly 1992). The proponents of these theories argue that individuals use their demographic attributes (such as gender) to categorize both themselves and others into distinct social groups: "us" versus "them" (Ali *et al.*, 2014; van Knippenberg *et al.*, 2004). Within homogeneous groups (i.e. groups comprised of either men or women), members will tend to trust one another more and communicate with

one another more often and in a greater variety of ways because they are more likely to hold similar viewpoints, values, and expectations (Twenge *et al.*, 2010). Consequently, relations in homogeneous groups are perceived as positive, while relations in heterogeneous groups are conceived as problematic. In support of this view, several studies show that member commitment, engagement (e.g., Riordan & Shore, 1997; Tsui *et al.*, 1992), and group cohesion tend to be higher in more homogenous groups (e.g., O'Reilly, Caldwell, & Barnett 1989) and relational/emotional conflicts usually diminish (e.g., Jehn, Northcraft, & Neale 1999; Pelled *et al.*, 1999). Greater gender diversity is therefore expected to decrease group cohesiveness, make it more complicated for members of different sub-groups to openly and clearly communicate with one another, and increase conflict within the group. All these problems impair group effectiveness and, ultimately, performance (Luis-Carnicer *et al.*, 2008; van Knippenberg *et al.*, 2004).

The similarity-attraction paradigm (Byrne, 1971) derives assumptions consistent with social identity and related self-categorization theories, providing further reasons as to why similarity/dissimilarity may affect organizational outcomes. It suggests that individuals are attracted to and prefer to spend time with others who are similar to themselves, rather than dissimilar. There are several plausible reasons for supporting this argument (Berscheid & Walster, 1969; Byrne, 1971): Interaction with similar others (for instance, women with women) is considered a potential source of social reinforcement, because similar others are more likely than dissimilar others to have opinions and viewpoints that validate one's own. In addition, all other things being equal, individuals more readily expect acceptance by similar others than by dissimilar others. Interaction with similar others is also viewed as more enjoyable than interaction with dissimilar others because similar others can share one's own interests, preferences, or values. It is therefore highly likely that similarity in the gender composition of a work group can have a direct impact on individuals' social interaction and integration in work

settings (Lee & Peccei, 2007), enhancing group and organizational performance. Considerable empirical support has been found for these predictions. For example, gender similarity within different types of work groups has been positively linked to higher levels of social integration (e.g., O'Reilly *et al.*, 1989), higher job satisfaction, higher self-esteem, and lower job-related depression (e.g., Fields & Blum, 1997; Peccei & Lee, 2005), and higher job-related well-being (Haile, 2012). Given that gender dissimilarity is therefore associated with less positive outcomes for social integration and individual attitudes and well-being, we may expect greater gender diversity to be linked to lower levels of organizational performance.

The group threat or group competition theory (Blalock, 1967) focuses on majority-minority relations and posits that competition and inter-group hostility are largely reactions by majority groups to perceived threats to their advantageous social position by minority groups. Conflict, which disrupts organizational performance, is more prevalent when minority groups are relatively large and where there is competition for limited social resources (Blalock, 1967; King & Wheelock, 2007), as may occur with jobs in general or certain organizational positions in particular. According to this theory, the presence of women in many workplaces, particularly in senior level positions, might threaten the historical, social, and economic dominance of male directors. Moreover, such threats are expected to increase as the relative size of the female representation in managerial positions increases (Chin *et al.*, 2007; Luis-Carnicer *et al.*, 2008). This could impact upon an organization's social integration and, ultimately, its organizational outcomes. As a result, it is likely that social integration and, hence, organizational outcomes should be greater when "there is a clear numerical imbalance between minority and majority groups" (Lee & Peccei, 2007: 692).

In sum, these three approaches argue in favor of certain gender homogeneity in any work group, as a greater diversity is expected to decrease performance. Joecks et al. (2013), using a sample of listed German firms, and Bae and Skagss (2019), using a sample of Korean firms,

corroborate to a certain such arguments. Therefore, we propose the following competing hypothesis:

Hypothesis 1b: There will be a U-shaped relationship between the level of gender diversity (in the workforce and on the board of directors) and organizational performance.

Method

Data and Sample

This study used both primary and secondary data collection. The target population consisted of all secondary schools in the Community of Madrid. We designed a survey to collect information related to the organization and operation, along with the gender composition of the management teams and teaching staff, because to our knowledge no comprehensive and detailed archival information on the issues examined was available from secondary sources. As detailed in the Measures sub-section, we also used archival data on the organizations' academic performance posted on each one's website, as well as on the website of the Department of Education of the Community of Madrid.

The OECD Teaching and Learning International Survey (TALIS) Principal Questionnaire was used as an initial benchmark for building our survey¹. Face-to-face interviews were also conducted with two principals and several teachers from two educational organizations in order to receive feedback on the clarity of the questions, thereby ensuring that unfamiliar and ambiguous terms or issues were identified and removed, and that the survey was as concise as possible.

The survey was emailed to the principals of all 595 secondary schools in the Community of Madrid between May and September 2015. All information collected in the survey referred

¹ However, we have not used the TALIS database because we did not have access to most of the information in it when we conducted this study and, importantly, some relevant information for building some variables of interest was not available either (for instance, gender of the other members that make up the board of directors apart from the principal or stability of the teaching staff at a school).

to the 2014-2015 academic year. During this period, no external events worthy of mention took place that could have any type of incidence in our study. In terms of sampling strategy, this study is based on the equiprobability principle because, *a priori*, all secondary schools in the Community of Madrid had the same probability of being part of the final sample (i.e. responding to the survey proposed). We also guarantee absolute anonymity in the processing of collected information. After three follow-up reminders the number of usable questionnaires returned via email was 105, representing a 17.6% response rate.

We checked whether there were significant differences between the reference population and our study sample. We used two variables, as we had complete information on them: *District* (schools are grouped by 5 districts: Madrid City, Madrid North, Madrid South, Madrid West, and Madrid East) and *University admission test* (one of the performance variables depicted below). Our tests confirmed the sample representativeness and the potential absence of selection bias in our final sample.

Measures

Dependent variable. The dependent variable of interest is Academic Performance (AP) because students' academic outcomes are traditionally considered a good proxy when assessing an educational organizations' success. Two variables of AP are used. One of these variables (University admission test) is computed as the average score obtained by each organization in the standardized university admission test conducted at the end of the academic year. The other variable (External assessment of knowledge and skills) is calculated as the average score obtained by each organization in a compulsory external test that evaluates students' acquisition of reading and mathematical competence in secondary education. Both variables are similar to other performance measures used by prior research in the educational context (e.g., Campos-García & Zúñiga-Vicente, 2019, 2020; Leana & Pil, 2006; Wikström & Wikström 2005). The

 scores for both variables were retrieved from the website of the Department of Education of the Community of Madrid.

Independent variables. The independent variables were collected in the survey. Female *board representation* is a continuous variable that indicates the proportion of women on the board of directors/governors in relation to the total number of governors. Female workforce representation is a continuous variable that measures the proportion of women in the total workforce. We follow Frink et al. (2003) and others (e.g., Abbey & Adu-Danso, 2022; Moreno-Gómez et al., 2018; Owen & Temesvary, 2018) in using the proportion of women as a measure of gender composition, also adding the squared term in both variables (Female board/workforce *representation squared*, similarly to the linear terms are also scaled by 100) to effectively capture the specific type of curvilinear association prompted by gender diversity. The choice of the percentages of females on boards and in the workforce is also justified because they allow to identify possible 'optimal' points *a posteriori*.

Control variables. We controlled for a number of variables reflecting the potential influence on AP of other contextual, organizational, and personal characteristics, as suggested by prior research on schools (e.g., Campos-García & Zúñiga-Vicente, 2019, 2020; Harris & Sass, 2011; Rivkin, Hanushek, & Kain, 2005). We controlled for the potential effect of Organization type with a variable that takes a value of 0 or 1 depending on whether it involves a state or private-concerted organization, respectively. Organization size is a continuous variable that is measured by the total number of school teachers. Students composition was operationalized as the proportion of foreign students over the total number of students. Staff instability refers to how long teachers have been practising as a teacher in his/her current organization and it is measured as the proportion of teachers with fewer than 5 year's service.

Analysis

Hierarchical regression analysis² is used to test the relationship between gender diversity (Female board representation and Female workforce representation) and performance (AP: University admission test and External assessment of knowledge and skills). We estimated different models for each performance measure (see Tables II and III). Step 1 considers solely the linear term of *Female board representation* and *Female workforce representation*, respectively (see Models 1 and 2 in both tables). Step 2 includes the quadratic terms of both variables (see Models 3 and 4 in both tables). We consider all these models individually in order to infer whether there is in fact a direct association between our indicators of gender diversity and performance. Step 3 considers the control variables, as well as the linear and quadratic term of each independent variable of interest (see Models 5 and 6 in both tables). Finally, Step 4 includes all the control and independent variables considered in the study (see Model 7). Thus, Models 5-7 pose the question as to whether the inclusion of such control variables reduces or eliminates the relationship estimated in the simpler models (i.e. Models 1-4). We have also controlled for potential problems of heteroscedasticity by using the Breusch-Pagan LM test.

Results

Table I provides the descriptive statistics and correlations for all the study variables. This table reveals that the proportion of women on the board of governors within our sample is around 45%, and the proportion of women in the workforce is approximately 64%. The minimum and maximum values of the latter two variables were, respectively, 0% and 75%, and 39.6% and about 90%. Table I also shows that 59% are state organizations; the average number of teachers in the organizations in our sample is 42; the proportion of foreign students is 16%, and the proportion of teachers with fewer than five years' service is around 32%. The third inna.

² All variables used comply with the assumptions of normality and homogeneity of variance.

column in Table I shows that multicollinearity is not a problem in our study, as most of the explanatory variables (i.e. independent and control variables) have variance inflation factors (VIFs) that are well below the rule of thumb of 5 or 10—none exceeded 2—advocated by, respectively, Marquardt and Snee (1975) and Kutner, Nachtsheim, and Neter (2004).

Insert Table I here

Tables II and III report the results of the hierarchical regression analysis for both dependent variables. The results shown under Model 1 in Tables II-III indicate that the linear term of *Female board representation* has a positive and significant association with AP. In Model 3 in Tables II-III, the coefficient of this linear term is also positive and significant, while the coefficient of the quadratic term is negative and significant. These findings suggest there is a direct association between *Female board representation* and both indicators of performance, and that this relationship is curvilinear (adopting an inverted U-shape), in line with the arguments of Hypothesis 1a. Generally, this variable statistically significantly predicted AP (see *F-test* and *adjusted R-squared* in Models 1-3 in Tables II-III). Models 5 and 7 in Table II also suggest an association conditional on several control variables between Female board representation and University admission test as the coefficient of the linear term of this variable is positive and significant, while the coefficient of the quadratic term is negative and significant (albeit weakly so, p < 0.1). However, in Models 5 and 7 in Table III, only the coefficient of the quadratic term is negative and significant. These findings therefore provide some statistical support for Hypothesis 1a, but not for Hypothesis 1b, as the curvilinear form that better depicts the relationship between Female board representation and performance is the inverted Ushape.

Insert Tables II and III here

Similar results are found for workforce. The coefficient of the linear term of Female workforce representation in Model 2 in Table II is positive and significant while in Table III is not significant. In Model 4 in Tables II-III, the coefficient of the linear term is positive and significant, while the coefficient of the quadratic term is negative and significant. These findings also suggest a direct association between *Female workforce representation* and both indicators of performance considered, and that this relationship is also curvilinear (adopting an inverted U-shape), also in line with the arguments of Hypothesis 1a. Overall, this variable statistically significantly predicted AP (see F-test and adjusted R-squared in Models 2 and 4 in Tables II-III). Models 6 and 7 in Table II and Model 6 in Table III also suggest an association conditional on several control variables, between Female workforce representation and University admission test as the coefficient of the linear term of this variable is positive and significant, while the coefficient of the quadratic term is negative and significant (albeit weakly so, p < 0.1). However, Model 7 in Table III reports that the coefficients of the linear and quadratic term are not significant. Therefore, these findings provide some statistical support for Hypothesis 1a; in general, the curvilinear model that better depicts the relationship between *Female workforce representation* and performance is the inverted U-shape.

Figures 2 and 3 plot the link between gender diversity on board (the share of woman in the board ranged from 0% to 75%) and workforce (the share of woman in the workforce ranged from 39.6% to 90%), respectively, and both variables of performance according to the hierarchical regression analysis that include the linear and quadratic terms (Model 7 in Tables II and III, respectively). Both figures confirm the existence of an inverted U-shaped form. Specifically, according to Figures 2 and 3, the best performance (i.e. the estimated 'optimal' threshold) is reached when the proportion of women on the board of directors is around 40%-50% (about 40% for *External assessment of knowledge and skills* and about 50% for *University admission test*), and the proportion of women in the workforce is around 60%-70%

(approximately 60% for *External assessment of knowledge and skills* and 70% for *University admission test*).

Insert Figures 2 and 3 here

Additional results

We conducted new estimations to seek some additional robustness checks of our findings. In line with Kanter (1977) and other researchers (e.g., Joecks *et al.*, 2013), we created four dummy variables reflecting the different group types for board and workforce, respectively: *Uniform board/workforce* (assuming the value 1 if board/workforce has no woman, and 0 otherwise); *Skewed board/workforce* (assuming the value 1 if board/workforce has at least one woman but less than 20% women, and 0 otherwise); *Tilted board/workforce* (assuming the value 1 if the ratio of women in the boardroom/workforce is at least 20% but less than 40%, and 0 otherwise); and *Balanced board/workforce* (assuming the value 1 if the ratio of women in the board/workforce is at least 40% but less than 60%, and 0 otherwise). Unlike the study by Joecks et al. (2013), in our sample there are several organizations (schools) with a share of women over 60% both in workforce and board. Thus, we have considered a new dummy variable named *Prevalent board/workforce* (assuming the value of 1 if the ratio of women in the boardroom/workforce is between 60% and 100%, and 0 otherwise).

We also use hierarchical regression analysis, and five different models were estimated. Table IV report the main results when the dependent variable is *University admission test*. This table shows that the coefficients for the dummy variables *Uniform board*, *Skewed board* and *Title board* are negative and statistically significant, i.e., having a completely male board or with less women than men is negatively and significantly associated with having a higher academic performance (see Models 1, 3 and 5) as compared to having a more balanced board. The coefficient for the dummy variable *Prevalent board* is negative but not statistically significant. The coefficient for *Titled workforce* is negative but not statistically significant (see Models 2, 4 and 5) while the coefficient for *Prevalent workforce* is positive and statistically significant (see Models 2, 4 and 5). This means that having a workforce with more women than man is positively and significantly related to higher academic performance as compared to having a more balanced workforce³. Similar results are found when the dependent variable is *External assessment of knowledge and skills*. These findings hint at a critical mass of women in balanced groups in the case of board, and unbalanced groups (with more women than men) as opposed to balanced ones, in the case of workforce.

Discussion and Conclusions

Insert Table IV here

This study is one of the first attempts to test the validity of two competing curvilinear models on the gender diversity-performance link at two hierarchical levels (workforce and board of directors) in a feminized workplace context. Our findings indicate a significant, inverted U-shaped curvilinear association between female representation in the workforce and on the board of directors with performance. At first glance, these findings seem to be consistent with the assumptions of theoretical approaches that are in favor of heterogeneity in organizations, such as the resource-based view or the value-in-diversity and information/decision-making perspectives. However, in light of our results, it needs to be clarified that this level of heterogeneity might be heavily dependent on the organizational position being analyzed. In this sense, our results reveal that the existence *a posteriori* of an 'optimal' level of gender diversity is lower in the case of the board of directors (40%-50%) than in the workforce (59%-68%). In other terms, these findings suggest that in managerial positions

³ Because the minimum share of women in the workforce is 39.6%, the coefficients for *Uniform* and *Skewed workforce* can not be identified (i.e. these dummies always take a value of 0).

the heterogeneous groups (i.e. more gender diversity) can have a more positive impact on performance, while in the workforce this more positive impact can be reached when groups tend to be a bit more homogeneous. These findings justify the desirability of examining both organizational level separately. This means that future studies, rather than examining this link at a single organizational position, should do so at different positions in order to obtain a much more accurate and realistic picture.

With regard to gender diversity on boards, our results are contrary, to a certain extent, to those reported by Joecks et al. (2013) or Bae and Skagss (2019), among others. Overall, these authors find that firms considered in their empirical studies achieved worse performance when there is a balanced proportion of women and men in the board⁴. By contrast, our findings are in line with those reported in prior studies such as Richard et al. (2014) or Owen and Temesvary (2018), among others, thereby confirming that a balanced representation of women and men is beneficial for performance within our target population of organizations. This is also consistent with past research theorizing that members of under-represented groups tend to be treated as symbols or 'tokens', and that token minority members can face stereotypes and discrimination, preventing them from contributing fully to the organization (e.g., Kanter, 1977, 1993; Rosener ,1995). However, as the number of minority members increases, they are better able to form coalitions and networks of mutual support, and have more positive interactions with the majority. It therefore takes not only one woman, but a greater overall female representation, to give the board the benefit of women's talents (i.e. skills, abilities, knowledge, experience, and values). An over-representation of women (or, alternatively, men) can have negative repercussions in terms of performance because this means less diversity, and therefore fewer

⁴ For example, Joecks et al. (2013) report that organizations examined achieve the best performance when a 'critical mass' of 30% women in the board is reached. They also find that *skewed* boards are outperformed by *tilted* boards. Bae and Skaggs (2019) find that for the sample of service-oriented firms the highest performance is achieved in homogeneous groups, while the lowest performance is achieved for moderately heterogeneous groups. These authors also find a 'critical mass' of about 30% women to men.

complementary resources for the board to draw upon. In consonance with Krüger (2008: 156), our findings suggest that a mix of masculine and feminine elements could lead to a broader repertoire of behavior and, ultimately, to a better organizational performance.

As for the link between workforce gender diversity and performance, our study has also found the possible existence of a curvilinear (inverted U-shaped) link. These findings are consistent with those reported by Frink et al. (2003), Ali et al. (2011) or Abbey and Adu-Danso (2022), among others. However, in our study the best performance is not attained when there is a greater gender balance; on the contrary, the maximum benefit of diversity is obtained when females represent 59%-68% of the workforce⁵. In line with Kanter (1977), our findings reveal a critical proportion that is more unbalanced towards women. This is logical to a certain extent, given the feminization of the teaching profession and the value it places upon characteristics traditionally associated with women.

The association between higher performance and educational organizations with more gender-balanced boards certainly emphasizes the potential benefits of eliminating barriers to women's professional development and their appointment to senior management positions. On the other hand, the association between a higher performance and an over-representation of women in the workforce should not in any way be interpreted as saying that the role of male employees is unnecessary. Efforts to increase the social prestige of the teaching profession may be necessary for it to be considered attractive by men, who typically can enjoy greater employment opportunities than women in other sectors. This undoubtedly may require a redesign of the profession that includes better career plans and greater incentives (both monetary and non-monetary) for the entire workforce (Campos-García, 2022; OECD, 2022).

⁵ For example Frink et al. (2003) find that the best (optimal) performance for the organizations of the wholesale/service/retail industry is achieved when the ratio of women over men is approximately 56%.

This study has several limitations. On the one hand, it precludes causality relationships. Future research could address a longitudinal analysis to conclude if the best performance is caused by greater/lower gender diversity. On the other hand, our study is based on Spanish educational organizations. Therefore, a sample selection bias may exist. A country bias may also be present because national context could significantly affect gender diversity through educational choices and collective beliefs. Although educational organizations are highly feminized environments in terms of the workforce in most countries (OECD, 2022), further research in other countries in similar organizations can help overcome this potential limitation. Certain caution should also be considered in generalizing our findings beyond the educational sector. Thus, we also claim for conducting further research in other 'feminized' and 'masculinized' sectors in order to see whether our findings regarding the influence of the hierarchical level on the gender diversity-performance are maintained. It is also possible that other factors do not considered here (for instance, motivation, training or work-life programs) can have a significant moderating effect on the gender diversity-performance linkage, either to the organizations' detriment or benefit. Further longitudinal research considering these issues JUF TL. is necessary. Finally, it would also interesting to extend our research to other hierarchical postions in organizations.

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The gender diversity-performance linkage at the board of directors and the workforce levels: Testing Two Competing Curvilinear Models in the Spanish educational sector

Abstract

Purpose: The use of linear models has major limitations for accurately representing the true link between gender diversity and organizational performance. This study explores two curvilinear models and tests which one —the U-shape or the inverted U-shape—best represents the gender diversity-performance link at two hierarchical levels: the board of directors and the workforce.

Design/methodology/approach: Both models are tested using data collected from a representative sample of Spanish educational organizations, which are dominated numerically by women, although women are still slightly under-represented in managerial positions.

Findings: The results show the existence of an inverted U-shape and, therefore, the existence of a potential 'optimal' level of gender diversity for both the board of directors and the workforce. While the highest performance by the board of directors is attained when the proportion of women and men is balanced in the workforce the highest level of performance is attained when the proportion of women is greater.

Originality: There are hardly any studies simultaneously exploring the gender diversityperformance linkage at two hierarchical levels where the proportion of women/men is substantially different: the board of directors and the workforce. Thus, our study contributes to better know whether such relationship is dependent on the hierarchical position. It is important to know this because each level is related to different functions and tasks and shape a social status that can significantly influence performance.

Keywords:

Gender diversity, female representation, workforce, boards, performance, educational organizations.

Introduction

The last few years have witnessed the emergence of a large body of research focusing on exploring how the shape of the relationship between gender diversity and organizational performance (mainly in executive positions) is. This interest seems logical when one considers that the percentage of women in the global labor force has increased sharply, currently reaching figures close to 50% in many countries. Women also occupy more managerial positions, but their overall representation still remains low (Deloitte, 2019; The World Bank, 2021).

Even considering that the extant research uses different methodologies, its main findings can be summarized as follows: on the one hand, many studies argue that the presence of more women benefits organizations, reporting a positive linear correlation/relationship/effect in several performance measures (e.g., An & Lee, 2022; Moreno-Gómez, Lafuente, & Vaillant, 2018; Provasi & Harasheh, 2021). These studies assume that performance increases in step with the number of women. In contrast, other studies argue that the presence of more women might compromise organizations, reporting a negative linear correlation/relationship/effect (e.g., He & Huang 2011; Darmadi, 2013; Chen *et al.*, 2021). This implies that performance decreases as the number of women increases. Finally, other studies report that gender diversity is unrelated to organizational outcomes (for a review, see Abbey & Adu-Danso, 2022; Ali, Ng, & Kulik 2014 or Post & Byron 2015).

In an attempt to reconcile disparate findings, several researchers argue that neither positive nor negative monotonic linear models are suitable for representing the shape of the gender diversity-performance link (e.g., Abbey & Adu-Danso, 2022; Ali, Kulik, & Metz 2011; Ali et *al.*, 2014; Frink *et al.*, 2003; Luis-Carnicer et al., 2008). They suggest that this link might be more accurately depicted by curvilinear models. In line with Luis-Carnicer et al. (2008), we posit that there are two types of curvilinear relationships. On the one hand, there is an inverted U-shape, which is based on the assumption that performance increases in step with the

proportion of women until an optimal threshold of gender diversity is reached, after which performance decreases as more women join the group. On the other hand, there is a U-shaped form, which is based on the notion that performance decreases as the proportion of women increases until a certain threshold of gender diversity is reached, beyond which performance increases as more women join the group.

This study aims to shed light on which curvilinear model can be considered a better representation of the gender diversity-performance link. The point of departure is that past studies using linear models have major limitations for properly representing this link, whereby their findings should be interpreted with caution. So, this study may also allow us to discover *a posteriori* the existence of a potential 'optimal' (or, alternatively, 'worse') proportion of women to men in terms of performance, even though we are fully aware that such proportion can vary in different contexts and/or samples of the study. In any case, linear models clearly do not permit us to assess this issue. Moreover, this study addresses the gender diversity-performance link at two different positions in the organizational hierarchy: board of directors and workforce. The research setting consists of educational organizations, which have been traditionally depicted as a 'feminized environment', as women account for the majority of the workforce (OECD, 2022).

This study contributes to the extant literature on gender diversity in several ways. First, we test different competing predictions or hypotheses regarding the curvilinear shape of the gender diversity-performance link. These hypotheses build on arguments from contrasting theoretical perspectives that have explored this link in the last years. Thus, this study is an attempt to test which theoretical arguments are more valid when explaining such an association. The use of competing hypotheses is justified when prior knowledge about a particular topic *a priori* leads to several alternative reasonable explanations (Ali *et al.*, 2014). Accordingly, this study can

guide us toward a better understanding of how the gender diversity-performance link really is, and thus help to explain the inconsistent findings of past research.

Second, there are still few studies focused on identifying *a posteriori* an 'optimal' ratio of women over men in terms of performance. Some outstanding exceptions are the studies by Frink et al. (2003), Ali et al. (2011), Joecks, Pull, and Vetter (2013), Ali et al. (2014) or, more recently, Abbey and Adu-Danso (2022). But, most these past studies seek to separately identify the existence of a possible optimal rate of gender diversity either in the workforce or on boards of directors in different types of organizations. In contrast, we explore the existence *a posteriori* of a possible optimal (or worse) ratio in both the workforce and boards in order to know whether such ratio and, hence, the specific form of the gender diversity-performance link is dependent on the specific position that women occupy in the hierarchy. It is important to know this because each hierarchical position accomplishes different functions and tasks within an organization and shape a social status that can significantly influence performance (Choi, Sung, & Zhang, 2017).

Finally, the education sector in general, and secondary schools in particular, is an alluring research setting for several reasons: On the one hand, this type of organizations is dominated numerically by women in the workforce, although they are still slightly under-represented in top managerial positions —both as leaders and on the board of directors (OECD, 2022). On the other hand, most past research has been conducted on samples of manufacturing firms or firms of service sectors that, in general, are considered masculinized environments. Thus, this study adds and complements past research by examining whether our results are similar to those conducted on other contexts. Additionally, the education sector has a major socio-economic impact, as it represents a significant part of a country's public spending. For example, in 2020, the total budget on education in EU (Spain, where the study is conducted) amounted to 5.0% (4.6%) of GDP; 'secondary education' accounted for 1.9% (1.8%) of GDP) (Eurostat, 2022).

Conceptualizing Gender Diversity

Figure 1 illustrates the linear models by which the gender diversity-performance link is typically addressed by most existing research (see Models 1a and 1b), as well as the competing, curvilinear models posited in this paper (see Models 2a and 2b). Linear models assume that performance continues to increase/decrease as a particular gender proportion increases, and therefore do not allow identifying an 'optimal' gender diversity level. In contrast, Kanter (1977) classifies gender diversity in groups based on the range of different proportions of women and men into four main categories: uniform groups (UG) with 0/100 proportions, skewed groups (SG) with 5/95-15/85 gender proportions, tilted groups (TG) with 20/80-35-65 gender proportions, and balanced groups (BG) with 40/60-50/50 gender proportions. According to this classification, different levels of gender diversity should have different effects on performance. A fully gender diverse workplace (in our case, workforce and board of directors) should have an approximately 50/50 proportion of men and women. An increase (decrease) in the proportion of women (men) beyond (below) 50 per cent means the workforce and board of directors become less diverse (i.e. more homogeneous).

Insert Figure 1 here

The inverted U-shaped link between gender diversity and performance

An inverted U-shaped relationship (see *Model 2a*) can be derived from arguments and evidence related to the following theoretical perspectives: the resource-based view of the firm, the upper echelons theory, the value-in-diversity approach, and the information/decision-making perspective (see Figure 1).

Proponents of the resource-based view suggest that an organization can improve its performance by exploiting its rare, valuable, irreplaceable, and inimitable resources (Barney 1991). The potential to obtain a sustainable competitive advantage, and, hence a better

performance, depends on certain internal resources, and in particular the organization's human resources. These are the internal resources that are among the more sustainable and difficult to imitate for competitors. While optimizing these resources is cited as the most important strategy for increasing competitiveness, effectively using and managing human resources becomes a crucial factor for improving performance. Women are the human resources most cited as underutilized in most organizations (Harel, Tzafrir, & Baruch 2003). Therefore, greater gender diversity in an organization's workforce and senior management is considered a source of intangible and socially complex resources that may improve the organization's performance (Ali et al., 2011; Luis-Carnicer et al., 2008). This is because a greater level of gender diversity is expected to introduce an organization to multiple and distinct skills, abilities, competences, knowledge, opinions, and backgrounds (Egan, 2005).

The upper echelons theory also provides a theoretical foundation for linking gender diversity, especially at board or senior management level, and performance. According to this approach, senior managers significantly differ in their cognitive frames, and these cognitive frames, in turn, influence performance (Hambrick, 2007). Because senior managers' cognitive frames are difficult to measure, most studies using this approach have relied on observable characteristics, such as gender, as an appropriate proxy (Dezsö & Ross 2012; Krishnan & Park 2005). This theory posits that female directors are likely to bring different cognitive frames to a board due to differences in knowledge, experiences, and values compared to their male counterparts. For example, female directors may bring different knowledge and experiences to the board by virtue of their different paths to directorships; they are less likely to have previously held similar leadership positions (e.g., Post & Byron, 2015; Singh, Terjesen, & Vinnicombe 2008) and they also need to demonstrate more competencies than men to reach such positions (Eagly & Carli, 2003).

Female directors are also likely to hold higher educational qualifications than their male counterparts (e.g., Carter *et al.*, 2010; Singh *et al.*, 2008), and are often significantly younger (e.g., Peterson & Philpot, 2007). Differences in values between male and female directors can also influence decision-making processes on the board. Post and Byron (2015: 1548) contend that greater gender diversity (as a result of an increased representation of women on the board) "may influence not only *what* information is brought to bear in decision-making, but also *how* decisions are made". Ultimately, because female directors help to diversify decision-making and the viewpoints available to a board, they may play a major role in improving the ability to generate better outcomes from the resources available to the organization.

The value-in-diversity and information/decision-making perspectives also consider that variation in demographic composition (for instance, in terms of gender) can have a positive influence on work group processes and effectiveness at any organizational level (Ancona & Caldwell 1992; Frink et al., 2003). Both approaches posit that diverse or more heterogeneous groups should outperform less diverse or more homogeneous groups. The logic behind this assumption (which is consistent with the resource-based view) is that groups characterized by greater diversity are more likely to "possess a broader range of task-relevant knowledge, skills, and abilities that are distinct and non-redundant and to have different opinions and perspectives on the task at hand" (van Knippenberg, De Dreu, & Homan 2004: 1009). In this regard, exposure to divergent viewpoints and, thus, a more diverse pool of resources may be conducive to more creative and innovative ideas and problem-solving solutions (Ancona & Caldwell 1992; De Dreu & West, 2001). Corroborating these ideas, there are studies reporting a positive relationship between gender diversity and organizational innovation (e.g., Østergaard, Timmermans, & Kristinsson, 2011). Likewise, other research suggests that the presence of more female members diversifies boardroom perspectives, helps to better represent shareholders, and fosters more active and stimulating discussions, particularly when setting an organization's strategic heading (e.g., Letendre, 2004). Studies also find that a greater number of women on boards is related to more ethical decision-making and more organizational transparency (e.g., Liao, Luo, & Tang, 2015; Upadhyay & Zeng, 2014).

With regard to research testing curvilinear relationships, Frink et al. (2003) have studied 291 US organizations, finding an inverted U-shaped form between gender diversity and performance, demonstrating that performance is maximized when women comprise around half of an organization's workforce. Ali et al. (2011), using a sample of Australian manufacturing and service organizations, Richard et al. (2004) and Owen and Temesvary (2018) on samples of US bank holding companies, and Abbey and Adu-Danso (2022), using a sample of manufacturing firms from several Sub-Saharan African countries, report similar results. Therefore, we propose:

Hypothesis 1a: There will be an inverted U-shaped relationship between the level of gender diversity (in the workforce and on the board of directors) and organizational performance.

The U-shaped link between gender diversity and performance

In marked contrast, a U-shaped relationship between gender diversity and performance (see *Model 2b*) can be derived from arguments and evidence linked to different theories of social psychology. These include the social identity and self-categorization theories, the similarity-attraction paradigm, and the group threat or group competition theory (see Figure 1).

Research guided by social identity and related self-categorization theories suggests that a greater level of gender diversity should be associated with negative performance (Pelled, Eisenhardt, & Xin 1999; Richard *et al.*, 2004; Tsui, Egan, & O'Reilly 1992). The proponents of these theories argue that individuals use their demographic attributes (such as gender) to categorize both themselves and others into distinct social groups: "us" versus "them" (Ali *et al.*, 2014; van Knippenberg *et al.*, 2004). Within homogeneous groups (i.e. groups comprised of either men or women), members will tend to trust one another more and communicate with

one another more often and in a greater variety of ways because they are more likely to hold similar viewpoints, values, and expectations (Twenge *et al.*, 2010). Consequently, relations in homogeneous groups are perceived as positive, while relations in heterogeneous groups are conceived as problematic. In support of this view, several studies show that member commitment, engagement (e.g., Riordan & Shore, 1997; Tsui *et al.*, 1992), and group cohesion tend to be higher in more homogenous groups (e.g., O'Reilly, Caldwell, & Barnett 1989) and relational/emotional conflicts usually diminish (e.g., Jehn, Northcraft, & Neale 1999; Pelled *et al.*, 1999). Greater gender diversity is therefore expected to decrease group cohesiveness, make it more complicated for members of different sub-groups to openly and clearly communicate with one another, and increase conflict within the group. All these problems impair group effectiveness and, ultimately, performance (Luis-Carnicer *et al.*, 2008; van Knippenberg *et al.*, 2004).

The similarity-attraction paradigm (Byrne, 1971) derives assumptions consistent with social identity and related self-categorization theories, providing further reasons as to why similarity/dissimilarity may affect organizational outcomes. It suggests that individuals are attracted to and prefer to spend time with others who are similar to themselves, rather than dissimilar. There are several plausible reasons for supporting this argument (Berscheid & Walster, 1969; Byrne, 1971): Interaction with similar others (for instance, women with women) is considered a potential source of social reinforcement, because similar others are more likely than dissimilar others to have opinions and viewpoints that validate one's own. In addition, all other things being equal, individuals more readily expect acceptance by similar others than by dissimilar others. Interaction with similar others is also viewed as more enjoyable than interaction with dissimilar others because similar others can share one's own interests, preferences, or values. It is therefore highly likely that similarity in the gender composition of a work group can have a direct impact on individuals' social interaction and integration in work

settings (Lee & Peccei, 2007), enhancing group and organizational performance. Considerable empirical support has been found for these predictions. For example, gender similarity within different types of work groups has been positively linked to higher levels of social integration (e.g., O'Reilly *et al.*, 1989), higher job satisfaction, higher self-esteem, and lower job-related depression (e.g., Fields & Blum, 1997; Peccei & Lee, 2005), and higher job-related well-being (Haile, 2012). Given that gender dissimilarity is therefore associated with less positive outcomes for social integration and individual attitudes and well-being, we may expect greater gender diversity to be linked to lower levels of organizational performance.

The group threat or group competition theory (Blalock, 1967) focuses on majority-minority relations and posits that competition and inter-group hostility are largely reactions by majority groups to perceived threats to their advantageous social position by minority groups. Conflict, which disrupts organizational performance, is more prevalent when minority groups are relatively large and where there is competition for limited social resources (Blalock, 1967; King & Wheelock, 2007), as may occur with jobs in general or certain organizational positions in particular. According to this theory, the presence of women in many workplaces, particularly in senior level positions, might threaten the historical, social, and economic dominance of male directors. Moreover, such threats are expected to increase as the relative size of the female representation in managerial positions increases (Chin *et al.*, 2007; Luis-Carnicer *et al.*, 2008). This could impact upon an organization's social integration and, ultimately, its organizational outcomes. As a result, it is likely that social integration and, hence, organizational outcomes should be greater when "there is a clear numerical imbalance between minority and majority groups" (Lee & Peccei, 2007: 692).

In sum, these three approaches argue in favor of certain gender homogeneity in any work group, as a greater diversity is expected to decrease performance. Joecks et al. (2013), using a sample of listed German firms, and Bae and Skagss (2019), using a sample of Korean firms,

corroborate to a certain such arguments. Therefore, we propose the following competing hypothesis:

Hypothesis 1b: There will be a U-shaped relationship between the level of gender diversity (in the workforce and on the board of directors) and organizational performance.

Method

Data and Sample

This study used both primary and secondary data collection. The target population consisted of all secondary schools in the Community of Madrid. We designed a survey to collect information related to the organization and operation, along with the gender composition of the management teams and teaching staff, because to our knowledge no comprehensive and detailed archival information on the issues examined was available from secondary sources. As detailed in the Measures sub-section, we also used archival data on the organizations' academic performance posted on each one's website, as well as on the website of the Department of Education of the Community of Madrid.

The OECD Teaching and Learning International Survey (TALIS) Principal Questionnaire was used as an initial benchmark for building our survey¹. Face-to-face interviews were also conducted with two principals and several teachers from two educational organizations in order to receive feedback on the clarity of the questions, thereby ensuring that unfamiliar and ambiguous terms or issues were identified and removed, and that the survey was as concise as possible.

The survey was emailed to the principals of all 595 secondary schools in the Community of Madrid between May and September 2015. All information collected in the survey referred

¹ However, we have not used the TALIS database because we did not have access to most of the information in it when we conducted this study and, importantly, some relevant information for building some variables of interest was not available either (for instance, gender of the other members that make up the board of directors apart from the principal or stability of the teaching staff at a school).

to the 2014-2015 academic year. During this period, no external events worthy of mention took place that could have any type of incidence in our study. In terms of sampling strategy, this study is based on the equiprobability principle because, *a priori*, all secondary schools in the Community of Madrid had the same probability of being part of the final sample (i.e. responding to the survey proposed). We also guarantee absolute anonymity in the processing of collected information. After three follow-up reminders the number of usable questionnaires returned via email was 105, representing a 17.6% response rate.

We checked whether there were significant differences between the reference population and our study sample. We used two variables, as we had complete information on them: *District* (schools are grouped by 5 districts: Madrid City, Madrid North, Madrid South, Madrid West, and Madrid East) and *University admission test* (one of the performance variables depicted below). Our tests confirmed the sample representativeness and the potential absence of selection bias in our final sample.

Measures

Dependent variable. The dependent variable of interest is Academic Performance (AP) because students' academic outcomes are traditionally considered a good proxy when assessing an educational organizations' success. Two variables of AP are used. One of these variables (University admission test) is computed as the average score obtained by each organization in the standardized university admission test conducted at the end of the academic year. The other variable (External assessment of knowledge and skills) is calculated as the average score obtained by each organization in a compulsory external test that evaluates students' acquisition of reading and mathematical competence in secondary education. Both variables are similar to other performance measures used by prior research in the educational context (e.g., Campos-García & Zúñiga-Vicente, 2019, 2020; Leana & Pil, 2006; Wikström & Wikström 2005). The

scores for both variables were retrieved from the website of the Department of Education of the Community of Madrid.

Independent variables. The independent variables were collected in the survey. Female *board representation* is a continuous variable that indicates the proportion of women on the board of directors/governors in relation to the total number of governors. Female workforce representation is a continuous variable that measures the proportion of women in the total workforce. We follow Frink et al. (2003) and others (e.g., Abbey & Adu-Danso, 2022; Moreno-Gómez et al., 2018; Owen & Temesvary, 2018) in using the proportion of women as a measure of gender composition, also adding the squared term in both variables (Female board/workforce representation squared, similarly to the linear terms are also scaled by 100) to effectively capture the specific type of curvilinear association prompted by gender diversity. The choice of the percentages of females on boards and in the workforce is also justified because they allow to identify possible 'optimal' points a posteriori.

Control variables. We controlled for a number of variables reflecting the potential influence on AP of other contextual, organizational, and personal characteristics, as suggested by prior research on schools (e.g., Campos-García & Zúñiga-Vicente, 2019, 2020; Harris & Sass, 2011; Rivkin, Hanushek, & Kain, 2005). We controlled for the potential effect of Organization type with a variable that takes a value of 0 or 1 depending on whether it involves a state or private-concerted organization, respectively. Organization size is a continuous variable that is measured by the total number of school teachers. Students composition was operationalized as the proportion of foreign students over the total number of students. Staff instability refers to how long teachers have been practising as a teacher in his/her current organization and it is measured as the proportion of teachers with fewer than 5 year's service.

Analysis

Hierarchical regression analysis² is used to test the relationship between gender diversity *(Female board representation* and *Female workforce representation*) and performance (*AP: University admission test* and *External assessment of knowledge and skills*). We estimated different models for each performance measure (see Tables II and III). Step 1 considers solely the linear term of *Female board representation* and *Female workforce representation*, respectively (see Models 1 and 2 in both tables). Step 2 includes the quadratic terms of both variables (see Models 3 and 4 in both tables). We consider all these models individually in order to infer whether there is in fact a direct association between our indicators of gender diversity and performance. Step 3 considers the control variables, as well as the linear and quadratic term of each independent variable of interest (see Models 5 and 6 in both tables). Finally, Step 4 includes all the control and independent variables considered in the study (see Model 7). Thus, Models 5-7 pose the question as to whether the inclusion of such control variables reduces or eliminates the relationship estimated in the simpler models (i.e. Models 1-4). We have also controlled for potential problems of heteroscedasticity by using the *Breusch-Pagan LM test*.

Results

Table I provides the descriptive statistics and correlations for all the study variables. This table reveals that the proportion of women on the board of governors within our sample is around 45%, and the proportion of women in the workforce is approximately 64%. The minimum and maximum values of the latter two variables were, respectively, 0% and 75%, and 39.6% and about 90%. Table I also shows that 59% are state organizations; the average number of teachers in the organizations in our sample is 42; the proportion of foreign students is 16%, and the proportion of teachers with fewer than five years' service is around 32%. The third

² All variables used comply with the assumptions of normality and homogeneity of variance.

column in Table I shows that multicollinearity is not a problem in our study, as most of the explanatory variables (i.e. independent and control variables) have variance inflation factors (VIFs) that are well below the rule of thumb of 5 or 10—none exceeded 2—advocated by, respectively, Marquardt and Snee (1975) and Kutner, Nachtsheim, and Neter (2004).

Insert Table I here

Tables II and III report the results of the hierarchical regression analysis for both dependent variables. The results shown under Model 1 in Tables II-III indicate that the linear term of *Female board representation* has a positive and significant association with AP. In Model 3 in Tables II-III, the coefficient of this linear term is also positive and significant, while the coefficient of the quadratic term is negative and significant. These findings suggest there is a direct association between *Female board representation* and both indicators of performance, and that this relationship is curvilinear (adopting an inverted U-shape), in line with the arguments of Hypothesis 1a. Generally, this variable statistically significantly predicted AP (see F-test and adjusted R-squared in Models 1-3 in Tables II-III). Models 5 and 7 in Table II also suggest an association conditional on several control variables between Female board representation and University admission test as the coefficient of the linear term of this variable is positive and significant, while the coefficient of the quadratic term is negative and significant (albeit weakly so, p < 0.1). However, in Models 5 and 7 in Table III, only the coefficient of the quadratic term is negative and significant. These findings therefore provide some statistical support for Hypothesis 1a, but not for Hypothesis 1b, as the curvilinear form that better depicts the relationship between Female board representation and performance is the inverted Ushape.

Insert Tables II and III here

Similar results are found for workforce. The coefficient of the linear term of *Female workforce representation* in Model 2 in Table II is positive and significant while in Table III is not significant. In Model 4 in Tables II-III, the coefficient of the linear term is positive and significant, while the coefficient of the quadratic term is negative and significant. These findings also suggest a direct association between *Female workforce representation* and both indicators of performance considered, and that this relationship is also curvilinear (adopting an inverted U-shape), also in line with the arguments of Hypothesis 1a. Overall, this variable statistically significantly predicted AP (see *F*-test and adjusted *R*-squared in Models 2 and 4 in Tables II-III). Models 6 and 7 in Table II and Model 6 in Table III also suggest an association conditional on several control variables, between Female workforce representation and University admission test as the coefficient of the linear term of this variable is positive and significant, while the coefficient of the quadratic term is negative and significant (albeit weakly so, p < 0.1). However, Model 7 in Table III reports that the coefficients of the linear and quadratic term are not significant. Therefore, these findings provide some statistical support for Hypothesis 1a; in general, the curvilinear model that better depicts the relationship between *Female workforce representation* and performance is the inverted U-shape.

Figures 2 and 3 plot the link between gender diversity on board (the share of woman in the board ranged from 0% to 75%) and workforce (the share of woman in the workforce ranged from 39.6% to 90%), respectively, and both variables of performance according to the hierarchical regression analysis that include the linear and quadratic terms (Model 7 in Tables II and III, respectively). Both figures confirm the existence of an inverted U-shaped form. Specifically, according to Figures 2 and 3, the best performance (i.e. the estimated 'optimal' threshold) is reached when the proportion of women on the board of directors is around 40%-50% (about 40% for *External assessment of knowledge and skills* and about 50% for *University admission test*), and the proportion of women in the workforce is around 60%-70%

(approximately 60% for *External assessment of knowledge and skills* and 70% for *University admission test*).

Insert Figures 2 and 3 here

Additional results

We conducted new estimations to seek some additional robustness checks of our findings. In line with Kanter (1977) and other researchers (e.g., Joecks *et al.*, 2013), we created four dummy variables reflecting the different group types for board and workforce, respectively: *Uniform board/workforce* (assuming the value 1 if board/workforce has no woman, and 0 otherwise); *Skewed board/workforce* (assuming the value 1 if board/workforce has at least one woman but less than 20% women, and 0 otherwise); *Tilted board/workforce* (assuming the value 1 if the ratio of women in the boardroom/workforce is at least 20% but less than 40%, and 0 otherwise); and *Balanced board/workforce* (assuming the value 1 if the ratio of women in the board/workforce is at least 40% but less than 60%, and 0 otherwise). Unlike the study by Joecks et al. (2013), in our sample there are several organizations (schools) with a share of women over 60% both in workforce and board. Thus, we have considered a new dummy variable named *Prevalent board/workforce* (assuming the value of 1 if the ratio of women in the boardroom/workforce is between 60% and 100%, and 0 otherwise).

We also use hierarchical regression analysis, and five different models were estimated. Table IV report the main results when the dependent variable is *University admission test*. This table shows that the coefficients for the dummy variables *Uniform board*, *Skewed board* and *Title board* are negative and statistically significant, i.e., having a completely male board or with less women than men is negatively and significantly associated with having a higher academic performance (see Models 1, 3 and 5) as compared to having a more balanced board. The coefficient for the dummy variable *Prevalent board* is negative but not statistically significant. The coefficient for *Titled workforce* is negative but not statistically significant (see Models 2, 4 and 5) while the coefficient for *Prevalent workforce* is positive and statistically significant (see Models 2, 4 and 5). This means that having a workforce with more women than man is positively and significantly related to higher academic performance as compared to having a more balanced workforce³. Similar results are found when the dependent variable is *External assessment of knowledge and skills*. These findings hint at a critical mass of women in balanced groups in the case of board, and unbalanced groups (with more women than men) as opposed to balanced ones, in the case of workforce.

Discussion and Conclusions

Insert Table IV here

This study is one of the first attempts to test the validity of two competing curvilinear models on the gender diversity-performance link at two hierarchical levels (workforce and board of directors) in a feminized workplace context. Our findings indicate a significant, inverted U-shaped curvilinear association between female representation in the workforce and on the board of directors with performance. At first glance, these findings seem to be consistent with the assumptions of theoretical approaches that are in favor of heterogeneity in organizations, such as the resource-based view or the value-in-diversity and information/decision-making perspectives. However, in light of our results, it needs to be clarified that this level of heterogeneity might be heavily dependent on the organizational position being analyzed. In this sense, our results reveal that the existence *a posteriori* of an 'optimal' level of gender diversity is lower in the case of the board of directors (40%-50%) than in the workforce (59%-68%). In other terms, these findings suggest that in managerial positions

³ Because the minimum share of women in the workforce is 39.6%, the coefficients for *Uniform* and *Skewed workforce* can not be identified (i.e. these dummies always take a value of 0).

the heterogeneous groups (i.e. more gender diversity) can have a more positive impact on performance, while in the workforce this more positive impact can be reached when groups tend to be a bit more homogeneous. These findings justify the desirability of examining both organizational level separately. This means that future studies, rather than examining this link at a single organizational position, should do so at different positions in order to obtain a much more accurate and realistic picture.

With regard to gender diversity on boards, our results are contrary, to a certain extent, to those reported by Joecks et al. (2013) or Bae and Skagss (2019), among others. Overall, these authors find that firms considered in their empirical studies achieved worse performance when there is a balanced proportion of women and men in the board⁴. By contrast, our findings are in line with those reported in prior studies such as Richard et al. (2014) or Owen and Temesvary (2018), among others, thereby confirming that a balanced representation of women and men is beneficial for performance within our target population of organizations. This is also consistent with past research theorizing that members of under-represented groups tend to be treated as symbols or 'tokens', and that token minority members can face stereotypes and discrimination, preventing them from contributing fully to the organization (e.g., Kanter, 1977, 1993; Rosener ,1995). However, as the number of minority members increases, they are better able to form coalitions and networks of mutual support, and have more positive interactions with the majority. It therefore takes not only one woman, but a greater overall female representation, to give the board the benefit of women's talents (i.e. skills, abilities, knowledge, experience, and values). An over-representation of women (or, alternatively, men) can have negative repercussions in terms of performance because this means less diversity, and therefore fewer

⁴ For example, Joecks et al. (2013) report that organizations examined achieve the best performance when a 'critical mass' of 30% women in the board is reached. They also find that *skewed* boards are outperformed by *tilted* boards. Bae and Skaggs (2019) find that for the sample of service-oriented firms the highest performance is achieved in homogeneous groups, while the lowest performance is achieved for moderately heterogeneous groups. These authors also find a 'critical mass' of about 30% women to men.

complementary resources for the board to draw upon. In consonance with Krüger (2008: 156), our findings suggest that a mix of masculine and feminine elements could lead to a broader repertoire of behavior and, ultimately, to a better organizational performance.

As for the link between workforce gender diversity and performance, our study has also found the possible existence of a curvilinear (inverted U-shaped) link. These findings are consistent with those reported by Frink et al. (2003), Ali et al. (2011) or Abbey and Adu-Danso (2022), among others. However, in our study the best performance is not attained when there is a greater gender balance; on the contrary, the maximum benefit of diversity is obtained when females represent 59%-68% of the workforce⁵. In line with Kanter (1977), our findings reveal a critical proportion that is more unbalanced towards women. This is logical to a certain extent, given the feminization of the teaching profession and the value it places upon characteristics traditionally associated with women.

The association between higher performance and educational organizations with more gender-balanced boards certainly emphasizes the potential benefits of eliminating barriers to women's professional development and their appointment to senior management positions. On the other hand, the association between a higher performance and an over-representation of women in the workforce should not in any way be interpreted as saying that the role of male employees is unnecessary. Efforts to increase the social prestige of the teaching profession may be necessary for it to be considered attractive by men, who typically can enjoy greater employment opportunities than women in other sectors. This undoubtedly may require a redesign of the profession that includes better career plans and greater incentives (both monetary and non-monetary) for the entire workforce (Campos-García, 2022; OECD, 2022).

⁵ For example Frink et al. (2003) find that the best (optimal) performance for the organizations of the wholesale/service/retail industry is achieved when the ratio of women over men is approximately 56%.

This study has several limitations. On the one hand, it precludes causality relationships. Future research could address a longitudinal analysis to conclude if the best performance is caused by greater/lower gender diversity. On the other hand, our study is based on Spanish educational organizations. Therefore, a sample selection bias may exist. A country bias may also be present because national context could significantly affect gender diversity through educational choices and collective beliefs. Although educational organizations are highly feminized environments in terms of the workforce in most countries (OECD, 2022), further research in other countries in similar organizations can help overcome this potential limitation. Certain caution should also be considered in generalizing our findings beyond the educational sector. Thus, we also claim for conducting further research in other 'feminized' and 'masculinized' sectors in order to see whether our findings regarding the influence of the hierarchical level on the gender diversity-performance are maintained. It is also possible that other factors do not considered here (for instance, motivation, training or work-life programs) can have a significant moderating effect on the gender diversity-performance linkage, either to the organizations' detriment or benefit. Further longitudinal research considering these issues is necessary. Finally, it would also interesting to extend our research to other hierarchical postions in organizations.

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Figure 1. Examples of linear versus curvilinear models of the gender diversity-performance link.



Figure 2. Academic performance and board gender diversity by female board representation.



Female workforce representation.





Figure 2. Academic performance and board gender diversity by female board representation.

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Figure 3. Academic performance and workforce gender diversity by female workforce representation.





end Table I

3

Means, Standard Deviations, VIF values and Correlations

、 —		Mean	S.D.	VIF	1	2	3	4	5	6	7	8	9
1.	. University admission test	6.2	0.71	-									
2.	External assessment	5.61	0.89	-	0.440**								
3.	. Organization type	0.59	0.49	1.802	-0.147	-0.432**							
4.	Organization size	41.76	18.81	1.430	0.233*	-0.093	0.608**						
5.	. Students composition	16.05	14.03	1.454	-0.493**	-0.608**	0.132	-0.088					
6.	. Staff instability	31.97	24.27	1.245	-0.248**	-0.020	0.209*	-0.002	-0.070				
7.	. Female board representation	45.38	24.64	1.330	0.431**	0.250*	-0.124	0.042	-0.366**	-0.256*			
8.	. Female board representation squared	19.11	16.90	1.246	-0.302**	-0.297**	-0.004	-0.136	0.243*	0.028	-0.175		
9.	. Female workforce representation	64.19	9.87	1.443	0.466**	0.110	0.126	0.104	-0.217*	-0.142	0.266*	-0.310**	
1	0. Female workforce representation squared	42.18	13.09	1.182	-0.161	-0.149	0.051	-0.082	0.111	0.182	-0.142	0.056	0.207*
	N= 105; * <i>p</i> <0.05; ** <i>p</i> <0.01.												

Table II

Results of Hierarchical Regression Analysis (dependent variable=University admission test)

Variables	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
Organization type					-0.174	-0.363*	-0.341*
					(0.163)	(0.159)	(0.158)
Organization size					0.013**	0.013**	0.013**
					(0.004)	(0.004)	(0.004)
Students composition					-0.018**	-0.019**	-0.015*
					(0.007)	(0.006)	(0.006)
Staff instability					-0.004	-0.003	-0.002
	1 222*** (1)		1 01 (***		(0.003)	(0.003)	(0.003)
remale board representation	1.333^{***} (7)		1.210^{***}		0.786^{**}		0.560°
Female board representation squared	(0.293)		(0.200)		(0.292)		(0.279)
remaie board representation squared			$\sim (0.064)$		(0.061)		(0.060)
Female workforce representation		3.337***	(0.001)	3.741***	(0.001)	2.959***	2.568***
		(0.664)		(0.652)		(0.639)	(0.677)
Female workforce representation squared		. ,		-0.142**		-0.076 [†]	-0.062^{\dagger}
				(0.048)		(0.044)	(0.044)
R^2	0.185	0.217	0.241	0.287	0.418	0.481	0.509
ΔR^2	0.185***	0.217***	0.241***	0.287***	0.155**	0.217***	0.167***
Adjusted-R ²	0.176	0.208	0.225	0.271	0.374	0.443	0.458
F-test	20.703***	25.216***	14.317***	18.098***	9.570***	12.379***	10.090***
⁽¹⁾ Unstandardized coefficients; ⁽²⁾ Standard errors in brackets.						121	,
***= <0.001. **= <0.01. *= <0.05. [†] = <0.10							
p < 0.001; p < 0.001							

Table III

Results of Hierarchical Regression Analysis (dependent variable=External assessment of knowledge and skills)

Variables	Model 1	Model 2	Model 3	Model 4	Model 5	Model 6	Model 7
Organization type					-0.967***	-1.066***	-1.018***
					(0.191)	(0.200)	(0.200)
Organization size					0.009′	0.009′	0.008
					(0.005)	(0.005)	(0.005)
Students composition					-0.02/***	-0.028***	-0.025**
Staff instability					(0.007)	(0.007)	(0.007)
					(0.003)	(0.000)	(0.003)
Female board representation	0.967* (1)		0 787*		(0.003) 0.275	(0.003)	0.086
tenule oourd representation	$(0.390)^{(2)}$		(0.384)		(0.315)		(0.327)
Female board representation squared	(0.570)		-0.224^{\dagger}		-0.185**		-0.158*
			(0.085)		(0.066)		(0.070)
Female workforce representation		1.334		1.665^{\dagger}	~ /	1.446^{\dagger}	0.857
		(0.929)		(0.931)		(0.740)	(0.790)
Female workforce representation squared				-0.128^{\dagger}		-0.073^{\dagger}	-0.058
				(0.067)		(0.050)	(0.051)
R^2	0.063	0.022	0.129	0.060	0.535	0.516	0.546
ΔR^2	0.063*	0.022	0.129**	0.060^{\dagger}	0.351**	0.477***	0.058^{\dagger}
Adjusted-R ²	0.052	0.012	0.110	0.039	0.501	0.480	0.498
F-test	6.152*	2.092	6.723**	4.871^{\dagger}	15.558***	14.212***	11.561***
⁽¹⁾ Unstandardized coefficients: ⁽²⁾ Standard errors in brackets.					U	5	
*** $n < 0.001$ · ** $n < 0.01$ · * $n < 0.05$ · $t^{\dagger}n < 0.10$							
<i>p</i> <0.001, <i>p</i> <0.01, <i>p</i> <0.05, <i>p</i> <0.10.							

Table IV

Results of Hierarchical Regression Analysis with dummy variables according to Kanter (dependent variable = University admission test)

Variables	Model 1	Model 2	Model 3	Model 4	Model 5
State school			-0.197	-0.403*	-0.401*
			(0.164)	(0.163)	(0.161)
Number of teachers			0.012**	0.015***	0.015***
			(0.004)	(0.004)	(0.004)
Foreign students (in %)			-0.020**	-0.020**	-0.016*
			(0.007)	(0.006)	(0.007)
Staff instability (in %)			-0.005	-0.003	-0.003
			(0.003)	(0.003)	(0.003)
Uniform board	-0.985*** ⁽¹⁾		-0.634**		-0.432*
	$(0.193)^{(3)}$		(0.201)		(0.196)
Skewed board	-0.626*		-0.408*		-0.332*
	(0.092)		(0.087)		(0.099)
Tilted board	-0.300*		-0.310*		-0.297*
	(0.161)		(0.151)		(0.140)
Prevalent board	-0.127		-0.196		-0.160
	(0.197)		(0.186)		(0.172)
Tilted workforce		-0.735	~ /	-0.504	-0.338
		(0.649)		(0.591)	(0.595)
Prevalent workforce		0.654***		0.580***	0.522***
		(0.143)		(0.134)	(0.134)
				. ,	. ,
R^2	0.234	0.213	0.423	0.476	0.521
ΔR^2	0.234***	0.213***	0.167**	0.277***	0.045^{\dagger}
$Adjusted$ - R^2	0.208	0.195	0.372	0.437	0.465
F-test	9.078***	12.149***	8.283***	12.104***	9.318***
⁽¹⁾ Unstandardized coefficients; ⁽²⁾) Standard errors ir	n brackets.			
***p<0.001; **p<0.01; *p<0.05	$f; ^{\dagger}p < 0.01.$				
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